



PSHE One Page Overview

Intent:

Discover: Children will have the knowledge and understanding to live safe and happy lives, appreciating different perspectives and opinions that we must value.

Challenge: Children will develop a love and understanding of our community and each other as part of a Church School.



Flourish: Children will be confident in asking questions and understand the importance of keeping safe, respecting the opinions, values and beliefs of others. Children will learn about their role in our school and wider community.

We want our children to have knowledge and understanding of their physical and mental health needs, be able to cope with changes and to develop the skills necessary to make safe and informed decisions that will affect their current and future lives. Through a tailored SRE and PSHE curriculum, our children will develop their knowledge and skills through discussion, practical applications in different contexts to form appropriate, healthy relationships, that will equip them for life. Teaching will equip pupils with skills to ask perceptive questions, think critically and develop perspective - helping children develop their own sense of identity and sense of belonging.

- Children will have access to a least 1 hour (on average) of PSHE / SRE time each week. This may be blocked as a unit or as a weekly session.
- The curriculum will provide teachers the flexibility to deliver high-quality PSHE to encompass all areas of study which could be taught as a stand-alone lesson or linked with subjects such as PE, Science, Maths and English.
- Give pupils the knowledge, skills and understanding to lead confident, healthy, independent lives and to become more informed, active and responsive citizens.
- Enable pupils to recognise their own worth, work well with others and become responsible for their own learning.
- Enable pupils to reflect on their experiences and understand how they are developing personally, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.
- Enable pupils to understand the responsibilities, rights and duties as individuals and members of communities.
- Enable pupils to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

Implement:

Coverage through PSHE curriculum & extra-curricular:

- Children have classroom and whole class displays to support their learning and discussions, with a range of new vocabulary for them to actively use.
- Children will have explicit lessons focusing on the 'Protective Behaviours / Taking Care' resources at the start of each academic year with these being revisited throughout the year.
- Children will have enriching experiences including trips, visits and workshops linked to their topics such as financial education, the importance of physical activity and diet for a healthy lifestyle.
- Themed days enable topics/area of study to be taught in depth or linked to a specific area of curriculum to enhance their understanding.
- Lessons are planned using 'Taking Care' protective behaviour resources, Cambridgeshire resources and My Feelings, Friends and Family programme resources.
- Through lessons children are encouraged to explore their feelings, actions and ideas in a 'safe' environment and where children are given the skills and knowledge to make decisions that will enable them to stay healthy and safe.
- Levels of volunteering both within the school through litter picking, librarians and playground leaders, and within the community through community litter picks, choir concerts within local care homes and supporting the local foodbank.

Assessment:

- Ongoing assessment within lessons as quality first teaching, ensuring children understand and are developing the skills required.
- Skills and knowledge progression topic map tracked through Key Stages.

Monitoring:

- Regular staff feedback used to establish levels of confidence - staff CPD built around monitoring outcomes/changes to statutory guidance.
- Learning walk/drop-ins scheduled
- Pupil Voice
- Work scrutiny - PSHEC Folders / books containing evidence of skills and learning monitored.

Impact:

- The PSHE + SRE curriculum is progressive and provides children with the knowledge and skills and to apply them in varying scenarios under the headings: Me, My Feelings and Relationships, Healthy and safer Lifestyles and Citizenship
- Children will talk openly and confidently about their feelings, healthy and safe lifestyle and citizenship.
- Pupil voice and parent questionnaires will indicate children feel safe and confident in their skills and knowledge of PSHE / SRE

Teacher CPD/monitoring:

- Subject leader to provide CPD to increase staff confidence in teaching history where needed.
- Team leaders to attend training opportunities.

Family/community:

- Parental engagement during 'Taking Care' week and specific home learning tasks at relevant points through the year.
- School performances / class assemblies based on PSHE themes.
- Work created by the children can be shared on websites and other online portals.

Current priorities/Next steps: